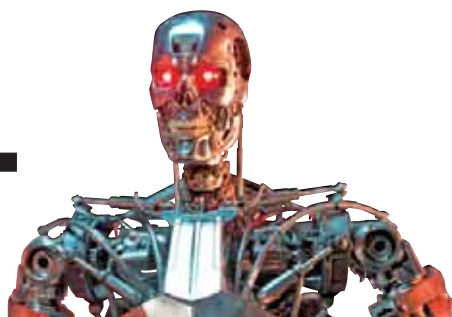


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# Halifax metro

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Your essential daily news | TUESDAY, JUNE 30, 2015

High 21°C/Low 13°C Sun and cloud



## TRUE PAINTRIOT LOVE

Mayev Corbett, 14, has her face painted by her mom, Karla Corbett of KC's Face Painting, in Halifax on Monday. People are gearing up for the Canada Day holiday on Wednesday, with plenty of events around town. See [metroNEWS](#). HALEY RYAN/METRO

## Report calls for change

DALHOUSIE UNIVERSITY

### President says he supports conclusions of task force



**Zane Woodford**  
Metro | Halifax

A task force on misogyny, sexism, racism and homophobia at Dalhousie's school of dentistry says systemic change is needed at the university, but the school's president refuses to say specifically how that will happen.

President Richard Florizone told reporters he accepts the 39 recommendations in the report released on Monday. One of those recommendations is to consider hiring an ombudsperson to deal with complaints from students and staff.

When asked if he would hire an ombudsperson, Florizone re-

peated he accepted the recommendations, but made no commitment to creating the position.

When asked exactly what would change at Dalhousie, Florizone again repeated, "As I said: I've accepted all the recommendations."

He then further broadened his answer, evoking the much-used Ivany report's assertion that Nova Scotia needs to be a more welcoming place.

"We all have a role to play," he said. "We have to find a way to move forward in a systemic way in our institutions and in our province to make them stronger."

Florizone said he hopes to implement the changes within the next two years.

The task force — led by University of Ottawa professor Constance Backhouse — was set up in the wake of controversial posts on the so-called Class of DDS 2015 Gentlemen Facebook page.

**MORE COVERAGE, PAGE 6**



## Canada Day. Followed by 364 Brunello Days.

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# TATTOO CANADA DAY PARADE PRESENTED BY Sobeys

Make a day of it! Take the family and join us for the Tattoo Parade at 10:30 am, then make your way to the Sobeys tent at Victoria Park for some food sampling – while supplies last! After lunch, join us at the Scotiabank Centre for the Tattoo at 2:30 pm!



# ROYAL NOVA SCOTIA INTERNATIONAL TATTOO

## JUNE 30-JULY 7

## SCOTIABANK CENTRE



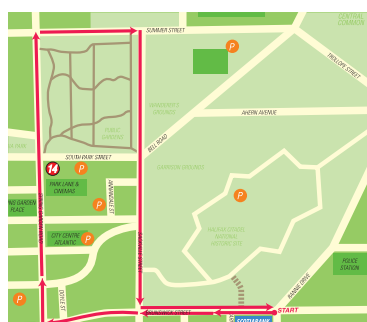
## Tattoo Festival Schedule

Free Noon Time Performances June 30 & July 2, 6 and 7

ALL PERFORMANCES 12:00 TO 1:00 PM UNLESS OTHERWISE STATED.

Date	Sobeys	Spring Garden Road March	Keshen Goodman Library	Halifax Central Library	Alderney Landing, Dartmouth	Sackville Landing, Waterfront	Grand Parade	Lunenburg	Province House	Airport	St. Matthew's Church	Scotiabank Centre
Tuesday June 30	Sobeys Forest Hills, Dartmouth Royal Army of Oman Pipes and Drums (Oman) & Paris Police Motorcycle Team (France)	Massed Pipes and Drums & Home Guard Band of Eslöv (Sweden)	Paris Police Gymnastic Team (France)	CAF Composite Reserve Band (Canada)	Fellswater (USA) & Irish Dancers (Canada)	RCAF Dixieland Band (Canada)	Heeresmusikkorps Ulm/ Sportverein Kirchdorf Bicycle Team/Gym Wheel Team Taunusstein/Wachbataillon (All Germany) (noon) Cadet Buglers (6 pm)	His Majesty the King's Guard Band and Drill Team (Norway)		Royal Nova Scotia International Tattoo Pipers (Canada)		7:30 pm Tattoo Performance
Wednesday July 1 <b>CANADA DAY</b>	<b>TATTOO CANADA DAY PARADE</b> PRESENTED BY Sobeys	<b>NEW ROUTE:</b> The parade begins at the Scotiabank Centre at 10:30 am on Duke Street and continues down Brunswick Street before turning right onto Spring Garden Road. From there, the route turns onto Summer Street and wraps around the Public Gardens via Sackville Street. Finally, back onto Brunswick Street and finishing at the Scotiabank Centre. Don't forget to check out Sobeys Food Sampling at Victoria Park starting at 9:30 am (while supplies last). Afterward, come join us for our first Tattoo matinee show starting at 2:30 pm!										2:30 pm Tattoo Performance
Thursday July 2	Sobeys Bedford South - Gym Wheel Team Taunusstein (Germany) & Paris Police Motorcycle Team (France)	Massed Pipes and Drums (Canada)	Royal Army of Oman Pipes and Drums (Oman)	Home Guard Band of Eslöv (Sweden)	Sportverein Kirchdorf Bicycle Team (Germany) & Massed Pipes and Drums (Canada)	His Majesty the King's Guard Band and Drill Team (Norway)	Cadet Buglers (6 pm)		Military B Pipes and Drums (Canada)	Royal Nova Scotia International Tattoo Pipers (Canada)		7:30 pm Tattoo Performance
Friday July 3							Cadet Buglers (6 pm)					2:30 pm Tattoo Performance
Saturday July 4							Cadet Buglers (6 pm)				North America Brass Band Summer School Musicians (Canada, USA, UK) at 7:30 pm	2:30 pm Tattoo Performance
Sunday July 5							Cadet Buglers (6 pm)					Musician Workshop (10 am-12 pm) 2:30 pm Tattoo
Monday July 6	Sobeys Mumford Road - Military A Pipes and Drums (Canada) & Paris Police Gymnastic Team (France)	His Majesty the King's Guard Band and Drill Team (Norway)	Atlantic Region Cadets Pipes and Drums (Canada)	CAF Composite Reserve Band (Canada)	Fellswater (USA) & Irish Dancers (Canada)	Stadacona Band of the Royal Canadian Navy (Canada)	North America Brass Band Summer School Musicians (Canada, USA, UK) (noon) Cadet Buglers (6 pm)	Heeresmusikkorps Ulm (Germany)		Royal Nova Scotia International Tattoo Pipers (Canada)		7:30 pm Tattoo Performance
Tuesday July 7	Sobeys Lower Sackville (First Lake) - Middlesex County Volunteers Fife & Drums (USA)	Home Guard Band of Eslöv (Sweden)	Black Watch Association Pipes and Drums (Canada)	Military A Pipes and Drums (Canada)	North America Brass Band Summer School Musicians (Canada, USA & UK)	Heeresmusikkorps Ulm (Germany)	Cadet Buglers (6 pm)			Royal Nova Scotia International Tattoo Pipers (Canada)		7:30 pm Tattoo Performance

Performers are subject to change and performances will not take place in the event of rain. Check the website for updates [www.nstattoo.ca](http://www.nstattoo.ca).



## TATTOO CANADA DAY PARADE PRESENTED BY Sobeys

## 2015 PARADE ROUTE

The parade begins at the Scotiabank Centre at 10:30 am on Duke Street and continues down Brunswick Street before turning right onto Spring Garden Road. From there, the route turns onto Summer Street and wraps around the Public Gardens via Sackville Street. Finally, back onto Brunswick Street and finishing at the Scotiabank Centre. Take a day with the family on the hill to have a perfect view of the parade!



### FEATURING PERFORMANCES FROM:

**ESTONIA:** Club Piruett, **FRANCE:** Paris Police Gymnastics Team and Motorcycle Team, **GERMANY:** Heeresmusikkorps Ulm, Gym Wheel Team Taunusstein, Wachbataillon, Sportverein Kirchdorf Bicycle Team, **NORWAY:** His Majesty the King's Guard Band and Drill Team, **OMAN:** The Royal Army of Oman Pipes and Drums, **SWEDEN:** Home Guard Band of Eslöv, **UNITED STATES:** Middlesex County Volunteers Fife & Drums, Fellswater Celtic Ensemble **INTERNATIONAL:** North American Brass Band Summer School Musicians, **CANADA:** Canadian Armed Forces Musicians, Pipes and Drums, RCN Guard, Atlantic Region Cadets, RCMP National Ceremonial Troop, Nova Scotia Irish Dancers, Highland Dancers, Halifax Cheer Elite, Adult Choir, Children's Chorus and Featured Soloists

## TATTOO TICKETS

[www.ticketatlantic.com](http://www.ticketatlantic.com)  
1-877-451-1221/1-902-451-1221

## CHLORINE

### New splash pad opening delayed

Those hoping to cool off in the municipality's newest splash pad Tuesday are out of luck.

The new splash pad was set to open at noon Tuesday at the Sackville Kinsmen Park on First Lake Drive, but the city says the opening has been postponed due to technical issues with the equipment that balances the chemicals.

"The chlorine is just way too high," said city spokesperson Jennifer Stairs said Monday.

"Obviously we want the water to be safe and the facilities to be safe when we have people out there, so we're postponing the grand opening until we can ensure that that equipment is working properly."

#### + MORE INFO

The city's website describes splash pads as the "perfect balance of decorative fountain and traditional playground."

She couldn't say when the opening would be rescheduled, because the contractor who needs to come in and fix the equipment is from out of the municipality.

The city has four splash pads already — one on the Commons, two in the north-end Halifax and one in the west-end Halifax.

ZANE WOODFORD/METRO

## CRIME

### Illegal cigarettes seized by police

A joint investigation by police and Service Nova Scotia ended in the seizure of 5,000 cigarettes and more than \$2,000 in cash this past May.

On May 27, about 5,000 cigarettes were uncovered in Pictou County's Abercrombie and Stellarton, along with \$2,300 generated from the sale of illegal tobacco, according to a news release.

"Seizures of this nature are made possible as a result of this ongoing work. Over the past ten years, more than 237,000 cartons of illegal cigarettes have

been seized," Service Nova Scotia Minister Mark Furey said in the release.

The illegal tobacco was seized after a joint investigation with Service Nova Scotia, RCMP and the Pictou County integrated street crime enforcement unit.

Lloyd Cornett, 62, of Stellarton faces charges of illegal possession of unstamped tobacco, illegal possession of tobacco that taxes have not been paid on, and illegal transportation of tobacco.

He will appear in Pictou court on July 20 to enter a plea.

METRO



A Slide the City event is scheduled for Halifax on July 25. SLIDETHECITY.COM

## Slide the City event not 'set in stone'

### CITADEL HILL

### Parks Canada is still in negotiations with company



Stephanie Taylor  
Metro | Halifax

Those waiting to take a ride down a gigantic water slide coming to Halifax this July may want to hold onto their swim trunks a bit longer.

The event, called Slide the

City, would see a 300-metre slip n' slide installed in the city, according to a post listed on a Facebook event page from May.

"Don't miss out on our 300-metre slide coming to Halifax this summer! It's selling out across North America, so get on the wait list so you won't be on the outs to the biggest event this year," the post reads.

Several months ago, the American company first advertised they would be coming to Citadel Hill on July 25 (although other social media reports indicate it would take place over July 25-26) and opened online registration.

But according to a spokesperson from Parks Canada, that is still in "negotiations."

"It's nothing that's super set in stone yet," Jessica Brown said Monday.

She explained Parks Canada would only be renting the space for the event, and not hosting in collaboration.

"It's still in the works," she said.

When reached for comment Monday, event organizer Sports & Entertainment Atlantic did not return Metro Halifax's request by the time of publication.

Neither did a spokesperson from the company itself.

However, a Facebook event page remains active, pointing to the company's website, where it says \$27 early bird registration closes in five days.

Although Brown could offer few details on the event, such as precise location on the hill, she said, "it's the nature of facilities rental, right?"

"Sometimes people are really on the ball getting the information they need to us, sometimes it's a little bit slower going."

A city spokesperson said Monday that since the event is slated to take place on federal land, it's beyond Halifax Regional Municipality's jurisdiction.



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METRO FILE



Tattoo dancers sport some wet weather headgear during the Tattoo parade on July 1, 2013. This year's parade on Canada Day starts at 10:30 a.m. JEFF HARPER/METRO

# Your Halifax guide to Canada Day events

Halifax is set to erupt in a sea of red and white on Wednesday as the city joins every other municipality across Canada to celebrate our nation's 148th birthday. Residents are encouraged to check out the free pancake breakfasts, music, and games across the region by using free street parking and ferry crossings, before the Arkells concert in Dartmouth and fireworks end the night. **HALEY RYAN** METRO

## Stacks on stacks

There are a couple of options if you want to kick off your Canada Day in a sweet way. Head to Grand Parade from 8 to 9:30 a.m. in downtown Halifax for a free pancake breakfast with coffee and juice, while supplies last.

The Alderney Landing Events Plaza in Dartmouth also has a free pancake breakfast from 8 to 9:30 a.m. with the Dalhousie Jubilee Swing Band performing, while Bedford has free pancakes in DeWolf Park from 8:30 to 10:30 a.m.

## Make way for the parade

The annual Royal Nova Scotia International Tattoo parade featuring pipers, gymnasts, military bands and more begins at 10:30 a.m. in front of the Scotiabank Centre and winds its way down

Brunswick Street, onto Spring Garden Road, around the Public Gardens via Sackville Street before finishing back on Brunswick around 11:30 a.m.

There is also a matinee show at 2:30 p.m. at Scotiabank Centre.

## Welcome the holiday in style

There is free admission to the Halifax Citadel on Wednesday, while the national historic site also welcomes residents to the Canada Day opening ceremony from 11 a.m. to 1:30 p.m. to celebrate with government officials and see the 78th Highlanders and a 21-gun salute. Free cake at 12:30 p.m.

## Music in the air

Before the Alderney Landing concert at night, there are free musical events to check out on

Canada Day, including a Sullivan's Pond Concert with the Bill Stevenson Trio and Roxy and the Underground Soul Sound at the Public Gardens, both from 2 to 4 p.m.

## All for the family

Maple Lodge Farms presents the annual Family Fun Fest from noon to 4 p.m. at the Halifax Common, featuring the K9 Hi Flyers, basketball freestyler Rick Pidgeon, a magic show by Patrick Drake, and dance performances.

There will be food trucks, face painting, character appearances, and inflatable games. Bedford Days is also offering bouncy castles in DeWolf Park for most of the day and evening.

## Rocking out on Canada Day

In a grand finale concert, Can-

adian rockers the Arkells will headline the free Alderney Landing concert in Dartmouth, with Glorious Sons, Party Boots, Elephants in Trouble! and Laura Roy opening the evening. Music runs from 5:30 p.m. to midnight, and the Molson beer garden on site is open until 11 p.m. with a \$5 cover.

## Lighting up the night

For fireworks fans, there are a couple of options to watch the Canada Day sky erupt into brilliant flashes of colour and sparkle. The official Halifax Harbour fireworks will be set off from a barge in the middle of the harbour at 10 p.m., best seen from either the Halifax or Dartmouth waterfront. For a smaller crowd, head to DeWolf Park in Bedford for fireworks at 10 p.m.

## WHAT'S OPEN, WHAT'S CLOSED

Grocery stores and NSLC locations may be closed this Canada Day, but Haligonians can still find booze and snacks around the city.

On Wednesday, Sobeys, NSLC and Atlantic Superstore locations are closed but Shoppers Drug Mart is open regular hours, while Lawtons locations close at 5 p.m.

Independent liquor stores like RockHead Wine & Beer Market, Propeller Brewery's Halifax and Dartmouth locations, Garrison Brewing, and Bishop's Cellar are open until at least 8 p.m., with varying hours. The Moosehead Cold Beer Store in Burnside is open 10 a.m. to midnight.

All banks are closed on Wednesday, as well as shopping malls, Halifax library branches and Canada Post offices.

Halifax Transit ferries will be free on July 1 in support

of Feed Nova Scotia, and riders are asked to bring a food or cash donation instead of a fare.

Transit buses are operating on a holiday schedule on Canada Day, and require the regular fare.

There will be no garbage, organics or recyclables collection services on Canada Day. Collection services for that day will be provided on Saturday instead.

All Otter Lake facilities, the two composting facilities and the municipal recycling plant will be closed.

According to the city, Cogswell Street westbound between North Park and Robie streets, and North Park Street southbound between Cornwallis and Cogswell streets will be closed to accommodate Canada Day activities on the Halifax Common from 6 a.m. to 6 p.m.

HALEY RYAN/METRO



# 'The race is on' for sailors

## COMPETITION

### Historic race stretches from Massachusetts to Halifax



**Stephanie Taylor**  
Metro | Halifax

What's kept David Stanfield sailing from Massachusetts to Halifax since the '70s has little to do with the thrill of hitting the high seas or title to any bragging rights.

Rather, the 60-year-old says his motivation is simpler: The people.

"That's what makes or breaks it," Stanfield said Monday afternoon, hours before departing for the bi-annual Marblehead to Halifax Ocean Race, which starts Sunday.

Stanfield, co-chair of the Royal Nova Scotia Yacht Squadron, will be one of hundreds setting sail from the shores of Massachusetts and battling the waters of the Atlantic over 363 nautical miles, racing toward a finish line



A series of sailboats racing in a previous Marblehead to Halifax Ocean Race. CONTRIBUTED

near McNab's Island and aiming to arrive by early next Tuesday.

The more than 100-year-old tradition is the longest-running American-Canadian race and co-sponsored by the Boston Yacht Club and the Royal Nova Scotia

Yacht Squadron, according to a release issued Monday.

And make no mistake, although Stanfield says the event, which expects to see around 65 boats participate, doesn't leave any racer "long in the face," it

is a competition nevertheless.

"When the sails go up, the race is on," Stanfield said Monday.

But when it's all said and done, "their sails come down and usually the rum bottle comes out," he jokes of the

## + DATES

The Marblehead to Halifax Ocean Race begins Sunday, July 5, and is expected to end no later than Tuesday, July 7.

celebration afterward.

Weary sailors will then spend the next few days in Halifax eating, dancing and reminiscing over the race until the final boat arrives, which depending on weather, Stanfield expects to be no later than next Thursday.

Since the upcoming forecast calls for sunny skies and modest winds, Stanfield said he's not so much nervous for the voyage as he is excited to team up with 11 of his old pals to hop aboard a vessel called Airborne IV.

Novice racers should also heed his wisdom that "there's no escape," adding once you've hoisted the mainsail "you have to ride it out," no matter what happens.

"Have your ears to the ground and listen to the old salts if you're looking to do well in this race," he said

## SAILING

### Bluenose II restoration wraps up

Restoration work on the Bluenose II is complete and Nova Scotia's sailing ambassador will be open to the public next month.

The provincial government says Capt. Phil Watson has deemed the crew of 18 ready to sail and the schooner is awaiting final certification from Transport Canada.

The province says the Bluenose II is scheduled to be open to the public July 19 to 31, conducting two-hour cruises in Lunenburg Bay.

The provincial auditor general has said the restoration of the ship was delayed and over budget because the Heritage Department failed to follow basic management practices.

The Transportation Department estimated earlier this month that the restoration has cost \$19.5 million, plus about \$5 million remaining on an outstanding claim that still must be settled.

The vessel is a replica of the original Bluenose, the 1921 Grand Banks fishing schooner that won worldwide acclaim.

THE CANADIAN PRESS

## CRIME

### Senior fined \$700 for collision

Halifax police have slapped a 68-year-old woman with a nearly \$700 fine after she struck a pedestrian in a crosswalk over the weekend.

According to a release issued Monday, police say officers responded to an accident involving a 28-year-old woman who

was crossing Bayers Road in a marked crosswalk when she was hit by a car on Saturday around 7:15 p.m.

The car was turning left from Oxford Street onto Bayers Road when it hit the woman, who suffered non-life-threatening injuries and was taken to hospital,

police say.

Police have since issued the 68-year-old driver a summary offence ticket under the Motor Vehicle Act for failing to yield to a pedestrian in a crosswalk.

The ticket carries a fine of \$693.95 and four points on a driver's licence if convicted. METRO

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# 'We are all part of a sexist, racist, heterosexist culture'

## TASK FORCE

## Report looking into Facebook comments released



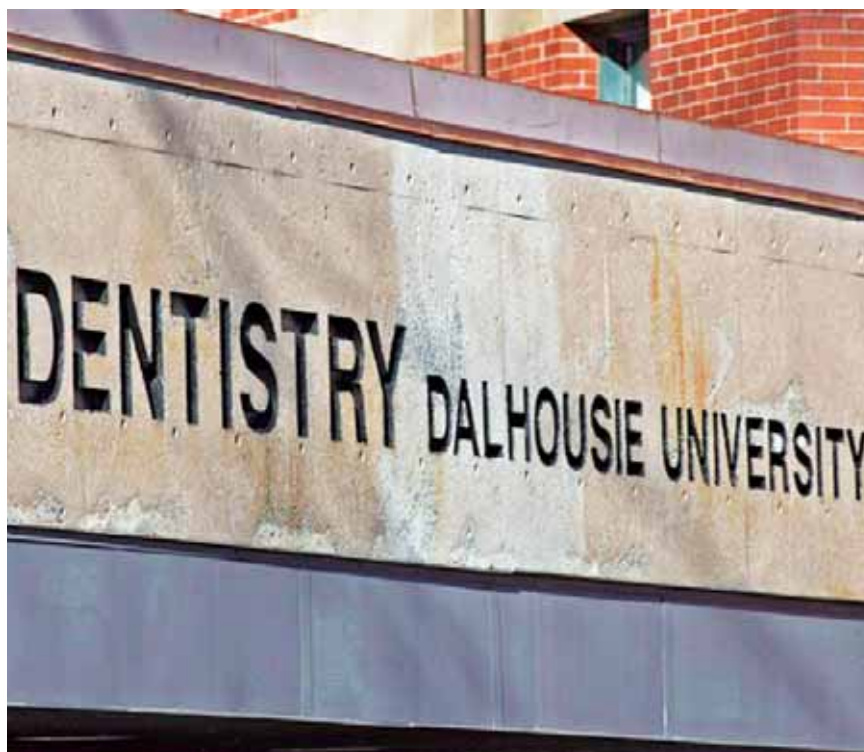
**Zane Woodford**  
Metro | Halifax

The chairwoman of a task force looking into misogynistic comments at Dalhousie University's school of dentistry says the faculty is not alone in having a culture of misogyny, and its need for systemic change is part of a broader societal issue.

"We are all part of a sexist, racist, heterosexist culture," said University of Ottawa professor Constance Backhouse at a news conference on Monday, as she released the report and its 39 recommendations.

"At the very least, that means that at some level we all participate, and our personal defensiveness is standing in the way of change."

Backhouse says there was a large discrepancy in how people characterized the problem at Dalhousie in regards to the dentistry scandal — some said there was no problem, some saw incidents of sexism and racism as isolated, and others described the problem as "rampant."



The Dalhousie Dentistry School building is shown. THE CANADIAN PRESS FILE

The task force heard complaints from members of every group of women on the dentistry campus: from staff to the mostly female school of dental hygiene.

Backhouse said most didn't complain formally because

they feared retaliation and didn't think anything would be done.

"We think the culture in the dental school is paternalistic," Backhouse said.

"There has been a degree of obliviousness to changing

mores and to the ways in which respect for women should be expressed, and to what is no longer acceptable behaviour."

In terms of the school's response to the scandal, the report says Dalhousie's poli-

## + RECOMMENDATIONS

### Task force outlines steps toward change

The task force issued 39 recommendations. Here are several key ones:

- Improve the complaint system so that faculty, students and staff understand the process, ensuring that complaints are handled quickly and that the complainants are made aware of the outcomes.
- Consider hiring an ombudsperson to deal with complaints from students and staff.

- Teach students about the struggles and successes of female and LGBTQ dentists and that of other dentists of diverse backgrounds.
- Better integrate the Faculty of Dentistry with the university as a whole.
- Make clear how university policies apply to social media.
- Increase inclusion of female, LGBTQ, disabled and diverse ethnic and religious communities at Dalhousie.



## This was not an isolated incident and the status quo is unacceptable.

Professor Constance Backhouse, task force chairwoman

cies when it comes to harassment and equity are similar to other schools in the country, but that the implementation of the policies raised questions about the fairness of the process.

Through that process, 13 men in the class of 2015 were accused of participating in the Facebook group, and were suspended from clinical activities

in December. All 13 men were allowed to graduate in May, after most of them completed a restorative justice process.

Representatives from Dalhousie's student union are meeting with Backhouse Tuesday afternoon.

When asked to comment Monday afternoon, a representative told Metro he needed more time to digest the report.



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A firefighter from Hilden orders the moving of steel so he can attack a fire within a barn on the Burris family dairy farm in Green Oaks on Monday. TRURO DAILY NEWS

# Cows killed in dairy farm blaze

TRURO

## Many brigades required to put out barn fire

It's too soon to say exactly how many dairy cattle were lost in a barn fire Monday morning near Truro. However, television reports put the number at more than 100.

Firefighters from Cobequid District Fire Brigade responded to the call on Riverside Drive in Green Oaks right around 9 a.m. The page came through as a fully involved fire.

They quickly called in mutual aid from Maitland, Brookfield, Hilden, North River, Valley-Kemptown, Onslow-Belmont, Truro, Debert and Salmon River, with Emergency Health Services and the Colchester RCMP also responding.

Isabella Blaauwendraat was watching the scene unfold next to the cemetery.

"It's important to support each other in these kinds of situations," said Blaauwendraat, adding her father lost a barn in a fire years ago. "We can never put it back, but we can definitely let each other

## + BACKGROUND

A quick search for the farm on manta.com lists Phillip Burris as company president. The webpage states 10 people are employed by the farm, which was established in 1993.

In 2014, Burris was a finalist for the Environmental Farm Stewardship Award. In November of that year, a story in the Truro Daily News on Burris being named a finalist for the award says the family milks 135 cows out of a herd of 300 on the 480-acre farm.

At that time, the family also grew corn and legume forages for sustainable feed production.

know we are all very one."

There was no word by lunchtime on the cause of the fire, as investigators hadn't been able to get into the barn. An excavator was brought in to peel back the steel roofing, so firefighters could make sure everything was doused.

TRURO DAILY NEWS

## IN BRIEF

### Man's body found near site of missing fisherman

Rescue crews recovered the body of a man from the Bras d'Or Lake in Cape Breton after a fishing boat capsized this morning.

RCMP say two local fishermen were checking lobster traps in a small boat when it capsized, sending them both into the water.

One the fishermen climbed on top of the over-

turned boat and was eventually rescued by people from nearby Eskasoni, while the other man began swimming toward a small island and was lost from sight.

A helicopter sighted the body of a male near the site of the capsized boat at around 3:20 p.m., after combing the area with RCMP and search and rescue crews for three hours.

THE CANADIAN PRESS

### Police lay charges in hit-and-run incident

The RCMP in Cape Breton has charged a driver in connection with a hit-and-run last week on Highway 104.

Police allege the 68-year-old driver from Grand River hit a 64-year-old cyclist from behind while he was traveling east on Highway 104 on June 23 of

this year. They say the driver did not stop at the scene after the incident happened and just drove off.

He's been charged with driving without due care and attention, and he is set to appear in Port Hawkesbury provincial court in August.

The cyclist is recovering after being released from hospital. METRO

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\*See O'Regan's dealer for details. Skill testing question required. Fleet & Commercial excluded.

# Supporting at-risk youth

## CRIME PREVENTION

### Program will help teens stay out of trouble

Adam MacKenzie credits the Undercurrent Youth Centre with saving his life.

Now a volunteer at the centre, the 24-year-old Glace Bay resident said he had a drinking problem as a teenager but found the support he needed to turn his life around after being invited to the centre by its director, Dave Sawler, to try out their indoor skate park.

So, the centre was a fitting location for the announcement of \$4.5 million in funding over the next five years for a youth crime prevention program in the Cape Breton Regional Municipality. The federal government is contributing \$3.9 million through its national crime prevention fund, and the Cape Breton Regional Municipality is providing \$600,000 in funding for the program titled Resiliency Education Leadership Adventure and Youth Service.

The program, targeting youth



Undercurrent Youth Centre volunteer Adam MacKenzie and his four-month-old son William Alexander MacKenzie were at Monday's announcement of funding for a youth crime prevention program in the Cape Breton Regional Municipality. CAPE BRETON POST

between the ages of 12 and 17, will fund 24 full-time and part-time youth workers to support 70 at-risk youth each year.

"It's amazing that we actually got funding for it," said MacKenzie. "It's going to help a lot of people, not only ages 12 to

“It's going to help a lot of people.”  
Adam MacKenzie

17, it's going to help my son and the next generation coming below me.”

The program, to be led and administered by the Cape Breton Regional Police Service, is being described as the largest youth crime prevention program of its

kind in Atlantic Canada.

And Dave Sawler, director of the Undercurrent Youth Centre, said the need for the program is great.

"We have presently about 300 kids a week and we only have one part-time staff and everyone else is volunteers, so someone investing into Cape Breton and actually putting people on the ground makes a huge difference," he said. "What makes this unique is it actually has a staff component to get people working with at-risk youth."

Peter MacKay, minister of justice and attorney general of Canada, spoke on behalf of the federal government at Monday's announcement. He said Cape Breton communities will be critical to the success of the program.

"One of the best things you have going in Cape Breton is that community embrace, that feeling that people do care and are ready to invest the time and effort in building a better community," he said. "Addressing crime will require a sustained and collaborative effort from each and every one of us."

CAPE BRETON POST

## IN BRIEF

### Mother charged with accessory after fact in Nova Scotia murder case

Police have charged a second person in connection with the fatal shooting of a 24-year-old man in Cape Breton.

Cape Breton Regional Police say Jennifer Lynn Chisolm of Ben Eoin is charged with accessory after the fact to murder following the investigation into the death of Brandon Kelly last week.

Police say Chisolm is the mother of Brandon James Berthiaume, who was arrested on Friday in connection with the incident.

Berthiaume faces charges of first-degree murder and attempted murder with a firearm.

Officers were called to a home in Reserve Mines, about 14 kilometres outside of Sydney, on June 25.

Police say Brandon Kelly was found suffering from gunshot wounds and died at the scene.

THE CANADIAN PRESS

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## INVESTIGATION

### Sydney man dies in prison cell

A Sydney man serving time for first-degree murder was found dead in his cell at Dorchester Penitentiary in New Brunswick on Friday, according to Correctional Service Canada.

At the time of his death, Zane Weatherbee, 49, had been serving an indeterminate sentence since Nov. 2, 1982.

According to a release from Correctional Service Canada, staff members immediately began performing CPR and emergency services were called, but Weatherbee could

not be resuscitated.

As in all cases involving the death of an inmate, the police and the coroner have been notified, and the correctional service will review the circumstances of the incident.

CAPE BRETON POST

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# The 'sorry' state of Canadian manners

We're really sorry, but could we beg your pardon? We know you're probably busy, but, honestly, this will only take a couple minutes. We were just hoping — and please forgive us for this — to discuss our nation's collective impulse to apologize.



**Thandi Fletcher**  
Metro | Vancouver

There's a joke that asks: "How do you get 200 Canadians out of a swimming pool?" The answer: "Please get out of the swimming pool."

Canadians are famously polite — so much so that their reflexive use of the word "sorry," even when their behaviour doesn't warrant it, has become as closely identified with this nation as hockey, maple syrup and poutine. Someone bumps into a Canadian on a sidewalk, and no doubt, the Canuck is apologizing for getting in the way.

Canadian actor and comedian Colin Mochrie poked fun at the stereotype in a satirical segment on the show *This Hour Has 22 Minutes*, apologizing to all Americans by saying: "On behalf of all Canadians, I'm sorry that we're constantly apologizing for things in a passive-aggressive way, which is really a thinly veiled criticism."

With little data to support the stereotype, however, is there any truth to the perception of Canadians as a nation of apologetic people — and if so, why are we all such a sorry bunch?

As a Canadian living in California, Stanford University psychologist Karina Schumann said she is often confronted with Americans' perception of the profoundly "polite Canadian."

"Everyone I meet is like, 'Oh, I love Canadians! You guys are so polite. You say sorry all the time,'" she told Metro.

"They seem to notice it, while Canadians might comment on Americans being unapologetic, perhaps."

While she's unaware of any

research to back up the stereotype, Schumann is an expert on apologies. As a doctoral student at the University of Waterloo four years ago, she researched gender differences in apology behaviour.

Through a study that polled subjects on hypothetical offence scenarios, she discovered that, although men and women reported the same proportion of offences, women felt more transgressions were deserving of an apology and would be more likely to say sorry.

In essence, women apologize more than men.

If the Canadian stereotype is true, Schumann said, the behaviour might be based on many of the same reasons that women say sorry more frequently than men.

"It could be that we're focused on being polite, kind of brought up in that type of environment, and it goes along with other polite behaviours," she said. "We're all taught to say sorry from a young age. Our parents teach us when we're babies to say sorry to other kids and to our siblings. It's kind of ingrained in us."

In her gender research, one of the study samples included Americans. Although she didn't compare the sample with her Canadian data, Schumann said the same patterns emerged from both, suggesting that, if there is a difference in apology behaviour between the two nations, "it's probably smaller than everybody believes it to be," she said.

McGill linguistics professor Charles Boberg theorized that Canadians' tendency to apologize too much could perhaps be

traced to their British roots and a required "sense of accepting one's place in the social system and being a 'decent chap' above all things."

"The tendency to apologize

probably fits well with the Canadian self concept because it suggests a polite, decent, self-effacing sort of person, similar to how many

people think of the British or the Danes," he said in an email. "Whereas the Canadian stereotype of Americans is that t h e y

are, by contrast, brash, aggressive and self-important."

Still, Boberg warned against reinforcing national stereotypes that have no research to support them. He said some stereotypes, like Muslims being more prone to terrorism, could be harmful for the way they distort perceptions of entire groups.

Boberg pointed out that it seems many national stereotypes, like Americans being "boorish," Japanese "inscrutable" or Germans "domineering," are often levelled at the world's "most successful" civilizations.

"Is this just a manifestation of the jealousy of second-best cultures toward those who dominate them? Hard to know," he said. "All in all, I think it's hazardous to dabble in national stereotypes, even if the 'victims' of stereotyping are the world's most powerful and successful nations."

But Schumann counters that Canada's reputation for being overly polite isn't necessarily a bad thing.

"People make fun of us I guess for being overly polite," she said. "I think most of the time we make fun of ourselves, but it's better than being made fun of for being rude."

If she had to pick one, Schumann said she'd rather stick to the sorry side.

"I'm proud to be Canadian," she said. "Apologizing is ultimately a positive behaviour that leads to harmonious interactions and all kinds of positive outcomes."

Now, if only we could stop apologizing for being so polite, eh?

## Great moments in Canuck remorse

### 1 1986: MP admits "accidental" eavesdropping

In 1986, Tory MP Erik Nielsen, then deputy prime minister, apologized in Parliament for eavesdropping on Liberal party meetings in 1966. He explained during an interview in 1973 that "there was a method by which we knew every Wednesday what was said in the Liberal caucus, word for bloody word." Apparently, crossed wires in an intercom system had allowed him to listen in.



### 2 2002: Chrétien government regrets aide's diss against George W. Bush

"What a moron." Those were the words from Jean Chrétien's communications director, Francoise Ducros, that prompted the prime minister to publicly compliment the intelligence of his U.S. counterpart. "He is a friend of mine. He's not a moron at all," Chrétien said. A few months later, Carolyn Parrish, a staunch anti-Iraq war Liberal MP, was forced to say sorry after being overheard calling Americans "bastards" following a press scrum.

### 3 2012: Maple Leafs say sorry for another dismal season

Another year, another missed playoff run. In April 2012, at the conclusion of a season that saw the dismissal of coach Ron Wilson following a spirit-crushing losing streak, MLSE chairman Larry Tanenbaum published an open letter to fans, apologizing for falling "short of everyone's expectations." It worked (sort of): the Leafs made the post-season the next year but were eliminated by the Boston Bruins in the first round.



### 4 2013: Rob Ford cops to smoking crack cocaine, expects apology to suffice

"Yes, I have smoked crack cocaine," Ford told reporters in November 2013, six months after denying using drugs. "Am I an addict? No. Have I tried it? Probably in one of my drunken stupors, probably approximately about a year ago. I answered your question. You ask the question properly, I'll answer it. Yes, I've made mistakes. All I can do now is apologize and move on."



**The tendency to apologize probably fits well with the Canadian self concept because it suggests a polite, decent, self-effacing sort of person.**

Charles Boberg,  
linguistics professor,  
McGill University



# MAIN STREET DARTMOUTH

## A welcoming place to live, work, shop and play

*Main Street transforming with developments adding planned business, residential space*

The Main Street business district area of Dartmouth is a community transforming for the future.

It sees itself as easily transitioning into a complete community — a clean, safe and welcoming place to live, work, shop and play, where people can walk or bike where

ever they need to go and access education, health services, arts, culture, and entertainment in their neighbourhood.

In many ways, Main Street is already like this.

Within a one-kilometre radius, there are more than 170 businesses and a myriad of education, church, and community organizations.

The community is already compact and it is easy to walk wherever one needs to go.

The plan is to add more trees, green spaces, public art, and benches to encourage more pedestrian traffic.

Public transit does not run through the area, and needs to be improved. Presently, it does not provide good access from nearby communities, which is especially puzzling given Main Street is a shopping hub, especially for health services. At present, there are 45 health and well-



From last year's Natal Day Parade, an annual event in the Halifax/Dartmouth area. CONTRIBUTED

ness facilities offering pretty much every health service you can imagine. Suburban communities cannot access the village centre by public transit.

In the spirit of a welcoming and integrated community, a number of planned developments will add quality affordable housing to the area and will be designed with both seniors and young professionals in mind.

Some of these developments even include social development components, such as a bakery employing people with disabilities, an organization offering on-the-job training to people with an employment skill disability, and a restaurant that serves as a training ground for culinary students.

With bylaw changes approved by the city back in 2013, the area is already on its

way to transforming.

The changes will allow for an additional 6 million square feet of building space to be built and the community will be able to accommodate an additional 7,500 residents.

More and more businesses are seeing the transformation underway and are choosing to locate in the area, but don't wait for the future. Come and check out what the Main Street area has to offer.

"We have that village feel where everything is close by. It's easy to get to know your neighbours and many chip in to help with community events such as our annual Parade in Tribute to Veterans and Those Who Serve," said Graziella Grbac, the executive director of the Main Street and Area Business Improvement Association.



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# EXPLORE MAIN STREET DARTMOUTH



MAIN STREET DARTMOUTH

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## Main Street district builds for the future

It's an exciting time for the area around the Main Street business district in Dartmouth. There's a buzz amongst people and residents about new businesses setting up shop in the area and four development projects that are adding quality affordable housing to the area.

One of those developments is the Garden View Village, to be located at 174 Main St.

Presently home to the Garden View Restaurant, a Main Street staple since 1981, owner Greg Fong is tearing down the family restaurant to put up an 87-unit mixed-use intergenerational apartment complex, which will also include a reincarnated Garden View Restaurant.

"He's really building a building for the future," said Jay Noble, the communications co-ordinator for the Main Street Dartmouth and Area Business Improvement Association.

The building will have rooftop garden space, accessible rooms for seniors, and modern penthouses for young professionals offering stunning views of the harbour

and nearby lakes. On the ground level, there will be a bakery employing people with disabilities, a social-enterprise coffee shop and a yoga studio.

The Garden View Restaurant is also changing its business model and will offer fresh, quality food at affordable prices by exploring ideas including serving as a training ground for culinary students.

This integrated collaborative environment will be an attractive place for people of all ages to live.

"It encourages 'virtual' family relationships through day-to-day living encounters where people will learn from and support one another," said Graziella Grbac, the association's executive director.

Another area development is the Horizon, a \$10-million, mixed-use, affordable housing project with 50 apartment units and 6,000 square feet of commercial space. The hope is that the Common Values Emporium — which is currently located where the site will be



A 33-unit apartment building with one and two-bedroom units on Lakecrest Drive. CONTRIBUTED

built — will remain as an anchor tenant. The Common Values Emporium offers on-the-job-training to people with an employability skill disability.

Both projects exemplify the social nature of the community.

On Lakecrest Drive, which runs parallel to Main Street, there are two apartment complexes planned. One is a four-storey, 33-unit apartment building with one and two-

bedroom units. The building will also have a common room, a gym, and underground parking.

Company controller Mohamed Al-hammadi sees it as an attractive area for people to live.

"It's close to all of the amenities a person might need," he says, pointing to schools, hospitals, businesses, and community activities.

A 49-unit apartment building is also planned for 77 Lakecrest Dr.



The Garden View Village CONTRIBUTED

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# MAIN STREET DARTMOUTH DISCO

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MAIN STREET DARTMOUTH

## Main Street looks for transformed transit

When Halifax Transit unveiled its draft plan for a re-vamped transit system in February, it did not include the kinds of changes the Main Street Dartmouth and Area Business Improvement Association was looking for, says Paul Dec, an urban planning consultant with the association.

"What was previously criticized was not improved

upon," he said, adding the reboot for the system was more of a status quo approach for the Main Street area rather than a radical redesign.

Some of the criticisms facing the public transit system in the Main Street area are that public transit does not provide good access to nearby communities such as Cole Harbour, Cherrybrook, Porters Lake, and Preston. Dec says this is unfortunate.

"We're their most logical gateway into the city and the closest place where they can shop and use services, especially health services," he said, especially given the area has 45 health and wellness facilities.

Currently, most of the buses do not run through the one-kilometre business district area of Main Street. The one that does is an express bus that runs from Porters Lake to downtown Halifax and doesn't stop on Main Street. Under Halifax Transit's revamp, it plans to place a stop on Main Street, but this move is not an ideal solution.

"This is not a regular route designed to meet the demands of short-term appointments in the area, shopping at

Mic Mac Mall or attending classes at NSCC, nor does it support employees who work in restaurants or other industries that have shifts other than 9 a.m. to 5 p.m.," said Graziella Grbac, the association's executive director.

Because of the lack of public transit, Main Street traffic is currently driven by car usage, as opposed to public transit.

"For car users, it's very convenient to get here, but for someone who doesn't own a car, they're very much isolated from the Main Street area," said Dec.

While the city and Halifax Transit say it is a priority to connect hubs using corridors, create walkable pedestrian-friendly communities and increase public transit use by offering routes that run more frequently, Grbac says this approach is not backed up with how transit is offered in the Main Street area.

The Main Street business district area is expected to transform into a high-density residential and shopping community over the next 20 years, so the public transit system will need to adapt to reflect that.

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Currently, most of Halifax Transit's buses do not run through the one-kilometre business district area of Main Street. CONTRIBUTED



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MAIN STREET DARTMOUTH

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Dr. Erin Kempt-Sutherland says the health and wellness facilities in the Main Street area are a "hop, skip and a jump from each other." CONTRIBUTED

## WHAT HEALTH AND WELLNESS SERVICES ARE OFFERED?

There are 45 health and wellness facilities in the business district of Main Street in Dartmouth, a remarkable fact given the business district has a radius of about one kilometre.

The practitioners and service providers include doctors, clinics, chiropractors, physiotherapists, massage therapists, dentists and dental hygienists, orthodontists, pharmacists, fitness providers (including martial arts, yoga and a gym), sleep clinics, health care for pets, eyecare, caregiving, non-profit advocacy groups and nutritional supplement providers.

## A new health and wellness destination

The Main Street business district has become known as a health and wellness hub — and with good reason.

With 45 health and wellness facilities, the area offers a convenient way for people to access the health professionals they need, says Dr. Erin Kempt-Sutherland, the president of Choice Chiropractic and Integrated Health Centre. She says this is especially important for people who have young children.

"You don't want to be travelling all over HRM to see your health professional," said Kempt-Sutherland.

Her business is very representative of the area as a whole. Besides chiropractic services, other services include physiotherapy, massage therapy, acupuncture, laser and shockwave therapy, custom bracing and foot orthotics, as well as yoga and pilates classes for small groups. The area as a whole has even more health and wellness providers, including doctors, dentists and pharmacists.

Kempt-Sutherland says new patients often ask for a referral for a health professional from another field. Coming up with a recommendation isn't hard.

"We're really surrounded by health-related businesses," said Kempt-Sutherland.

Jack Godfrey, the owner of Sunrise Yoga, says the area's cluster of health and wellness providers is reminiscent of car dealerships often being located together in a small area. When he decided to start the business in 2004, he was drawn to the area because of the demographics, and the space for his studio sealed the deal with its abundance of natural light and view of a green area.

He also likes the mentality of the staff of the businesses in the area.

"You get to know the people," said Godfrey, noting they are friendly and personable.

The area feels very much like a tight-knit community.

With Nova Scotia's aging population, there will be more demand for health-care services in the future and for the people needing them, the Main Street area offers a handy option for them.

"Everything is all a hop, skip and a jump from each other," said Kempt-Sutherland.

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# EXPLORE MAIN STREET DARTMOUTH



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MAIN STREET DARTMOUTH

## Becoming a complete community

*A neighbourhood to walk, bike, and more*

The business district area around Main Street in Dartmouth has an ambitious plan to achieve what it's going to look like in 20 years.

The neighbourhood is transforming itself into a complete community – a place where residents can walk or bike to do whatever it is they need to do, be it run errands, access quality education, arts, recreation and entertainment.

The area will have transportation systems that promote using public transit, walking and bicycling, and offer affordable quality housing meant for people of all ages and backgrounds. With an aging population, this is especially important.

With schools in the area ranging from elementary to post secondary levels, the residential population reflects a wide span of demographics, and so should the housing. With a variety of services, schools, churches and social enterprise models already in place, the seeds of this inclusive and collaborative approach have been planted.

The area is ready for the transformation. In the fall of 2013, bylaw changes were passed, allowing the area to have more residential and commercial buildings. With these bylaws, an additional 6 million square feet of building space is allowed and can accommodate an additional 7,500 residents in the district.

"We see it as a vibrant town centre," said Paul Dec, an urban planning consultant with the Main Street Dartmouth and Area Business Improvement Association.

The community will be visually pleasing, with lots of trees, green space, benches for people to relax on and public art for people to enjoy.

"It will make you stop and look at what's going on," said Dec.

The setting will also encourage people to interact and support each other through their day-to-day encounters.

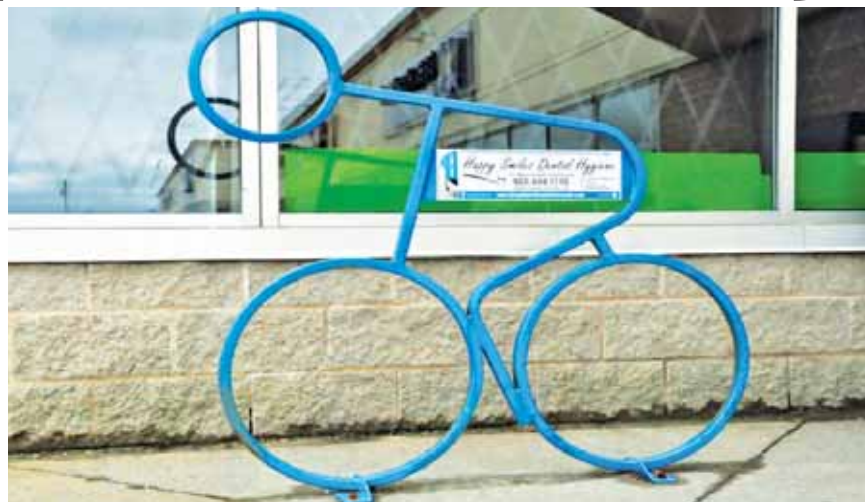
The Main Street business district area is conveniently located being at the geographical centre of Dartmouth and Cole Harbour.

One of the most interesting things about the complete community is the vision behind its development.

Often, developers are the individuals establishing this, building developments to reflect it. Main Street's vision isn't coming from developers, it's coming from the citizens.

"It's a community initiative being led by residents and businesses," said Jay Noble, the association's communications co-ordinator.

With much of the needed infrastructure in place, the area is ready for the transformation.



Part of becoming a complete community will involve having more biking infrastructure, such as bike racks. CONTRIBUTED



More green spaces in the area are planned as part of the transformation. CONTRIBUTED



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*Tim Hortons*





Paul Dec views the transformation of Main Street as being something that will be replicated across North America. CONTRIBUTED

# A passion for transformation

Saying that Paul Dec and Jay Noble are passionate about the transformation the Main Street business district in Dartmouth is undergoing is an understatement.

Dec is an urban planner who recently received a master's degree in town and country planning from the University of the West of England.

Through his volunteer work with Our HRM Alliance — an alliance of groups from across HRM that share a vision of sustainable regional growth — Dec came to learn about the vision for Main Street.

In the next 20 years, the goal is to transform the Main Street business district into what is known as a complete community, an area offering affordable quality housing, integrated transportation systems (that promote the use of public transit, walking and bicycling), quality education, and access to arts, recreation, and entertainment.

When Dec learned about this vision, he reached out to the Main Street Dartmouth and Area Business Improvement Association to jump on board and help achieve this vision.

As a result, Dec offered to volunteer his services and has been working with the association as an urban planning consultant since February. He will stay in this role until the end of July.

"The transformation of the Main Street district is a pilot project for suburban transformation that has relevance far beyond the boundaries of Nova Scotia," said Dec.

He envisions that what is taking place on Main Street is something that will be replicated in other communities across North America, with them looking at Main Street as the template to follow.

For Noble, a recent graduate of NSCC's advanced public relations diploma program, he received a six-week placement to work at the association's office as part of his studies.

"I found it to be such a great vision we have here that I decided I'd stay on," said Noble.

Since the beginning of June, he has been



A team of volunteers clean up the streets in a community clean sweep event. CONTRIBUTED

volunteering as the association's communications co-ordinator and will do so as he looks for full-time work.

Noble says his passion is in working for

socially-minded organizations that are trying to improve the lives of Nova Scotians.

"That's what the association is trying to do," he said.



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# Magnotta joins dating site from behind bars

## QUEBEC

### Convicted killer seeking 'single white male'

Luka Rocco Magnotta, the convicted killer whose grisly crimes made headlines around the world, is looking for a "prince charming" on a matchmaking website for prisoners.

Magnotta's profile was posted Sunday on Canadian Inmates Connect Inc., a website that tries to hook up lonesome convicts — some behind bars for violent offences like first-degree murder — with potential companions on the outside.

"Seeking single white male, 28-38 years of age, white and in shape," reads a blurb the website's founder says was written by Magnotta himself.

"One who is loyal, preferably educated, financially and emotionally stable for a long term committed relationship. If you think you could be my prince charming, send me a detailed letter with at least 2 photos."

The profile features two photos of the former stripper and prostitute, who was con-



**CANADIAN INMATES  
CONNECT INC.**



NAME: LUKA MAGNOTTA

INSTITUTION: ARCHAMBAULT PENITENTIARY

ADDRESS: 242 MONTEE GAGNON  
ST-ANNE-DES-PLAINES, QUEBEC  
JON 1H0

D.O.B: JULY 24, 1982



CONVICTED OF: NOT STATED  
EXPECTED RELEASE DATE: 2037  
INTERESTED IN: MEN

**Luka Rocco Magnotta has joined Canadian Inmates Connect Inc., a website that tries to hook up lonesome convicts with people on the outside.** CANADIAN INMATES CONNECT INC./THE CANADIAN PRESS

victed in December of first-degree murder for the 2012 Montreal killing and dismemberment of university student Jun Lin.

In both images, Magnotta is wearing an unbuttoned white dress shirt.

Magnotta, who's serving a life sentence, lists his expected release date as 2037. He describes himself as a "single

white male, 33, 5'11" and 175 lbs with dark hair and blue eyes."

"Only those I deem compatible will receive a response," he writes on the profile, which also includes his current postal address north of Montreal: Archambault Institution, in Sainte-Anne-des-Plaines, Que.

"Serious inquiries only

please. All unsolicited mail will be discarded."

Melissa Fazzina, who created the site about 4-1/2 years ago, said Magnotta sent the information to her through a contact. The application and \$35 fee arrived via regular mail — convicts don't have Internet access — about 10 days ago.

THE CANADIAN PRESS

## BRITISH COLUMBIA

### Missing for a week, man surprised by 'all the fuss'

Bob Moynan, father of an Ontario man who emerged from a southern British Columbia forest after being lost for seven days, says his son isn't sure why he's getting so much attention.

North Bay couple Rick Moynan and Lynne Carmody, who are both in their 60s, walked out of the forest virtually unscathed as crews were thinking about ending an extensive search on Sunday.

Bob Moynan said he spoke with his son on the phone hours after he was told that the search might be suspended.

"He says, 'We didn't know what all the fuss was about,'" said Moynan from his home near North Bay.

"I said, 'Well Rick, think about it. You were due back for dinner on Monday night at five o'clock, and you're seven days late.'"

Moynan and Carmody were on a day hike near a lodge where

they were staying in Cathedral Provincial Park when they got lost last Monday.

They managed to survive by staying close to water and building themselves a shelter.

The couple was exhausted and bruised when they left their shelter and stumbled upon rescuers after spotting a helicopter. They were taken to hospital for a precautionary assessment.

Bob Moynan said his son has a fair amount of outdoors experience, and Carmody's now-deceased longtime husband worked in search and rescue.

He said the ordeal was "terrifying" for his family, but he never gave up hope.

"We are people of faith and we were praying a lot," Bob Moynan said. "It's almost a miracle that they could survive seven days and be able to be healthy enough to have been able to walk out. So we're just terribly, terribly grateful that it's over, and we've all learned something."

He said the couple was on their way back on Ontario on Monday.

Frank Caruso, a filmmaker in Toronto, has known Moynan for 45 years and said he can sleep soundly now that his friend is safe. He said he was expecting the worst when a week went by and more than 300 searchers still weren't able to find the couple.

"I kept thinking, how far could he possibly walk?" Caruso said.

THE CANADIAN PRESS



**I said, 'Well Rick, think about it. You were due back for dinner on Monday night at five o'clock, and you're seven days late.'**

Bob Moynan, father of Rick Moynan

## GAZA BLOCKADE

### Israeli navy catches Swedish activist ship

Israel's navy intercepted a Swedish vessel attempting to breach a naval blockade of the Gaza Strip early Monday and brought it to an Israeli port, where it said the foreign activists would be questioned before they are sent back to their home countries.

The military said that after exhausting all diplomatic efforts, the government ordered it to block the vessel. Israeli naval forces boarded the Marianne and searched it in international waters without needing to use any force, the military said.

The ship was carrying about 20 activists, including Israeli Arab lawmaker Basel Ghattas and former Tunisian President Moncef Marzouki. Three other ships that were part of the original flotilla reversed course before encountering the Israeli navy.

The Israeli military issued a statement Monday night saying the vessel had arrived at the Ashdod port. "The vessel and crew members are now being transferred to the appropriate

authorities for immigration and deportation processing," it said.

Interior Ministry spokeswoman Sabine Haddad said it could take a few days to deport them, depending on available flights.

The Freedom Flotilla group posted a photo on Twitter apparently showing a group of its activists on a ship.

Petros Stergiou, a member of flotilla's media team in Athens, said the group would continue its acts of protest until the blockade of Gaza was lifted.

"Once again, the Israeli state commits an act of state piracy in the Mediterranean Sea," he said. "The government continues this policy of non-tolerance, which means that it will continue to enforce the collective punishment against the 1.8 million people in Gaza."

Israel has maintained a blockade of Gaza since Hamas militants took power in 2007, following its electoral victory in 2006.

THE ASSOCIATED PRESS

## IN BRIEF

### Mob kills school director after bodies found

Police are investigating the mob killing of a school director in northern India after two of the school's students were discovered dead, officials said Monday.

The mob attacked the boarding school's director on Sunday after the bodies of two boys aged 10 and 11 were found in a nearby pond, Nalanda district police Superintendent Siddhartha Kumar Jain said.

The students had disappeared a day earlier from the school grounds, and villagers accused school staff of killing them and dumping them in the pond. Autopsies later showed the boys had drowned.

Local TV stations broadcast video of the man being beaten with sticks and writhing on the ground as other people watched and stomped on his chest, stomach and limbs. He died of his injuries Sunday night.

THE ASSOCIATED PRESS

## SPAIN AND PORTUGAL

### Health alerts, forest fire warnings issued in heat wave

Spain and Portugal both issued weather alerts Monday, advising residents to take extra care as temperatures soared above 40 C in some southern areas.

The Iberian Peninsula was sweltering in a heat wave brought on by a mass of hot air flowing north from Africa to Europe in recent days, though recorded temperatures fell shy of the day's forecast of a maximum 44 C.

With the temperature in Cordoba hitting 41 degrees Celsius, Spanish authorities placed the southern city on alert due to "extreme risks" from the heat. People across the southern half of Spain flocked to beaches, swimming pools and fountains.

In Portugal, a high of 37 C was recorded in the eastern city of Beja, while the capital, Lisbon, sweltered in 35 C heat. Portugal's General Directorate for Health recommended staying out of the sun between 11 a.m. and 5 p.m.



**Children play as they cool down in a fountain beside the Manzanares river in Madrid, Spain, Monday.**

ANDRES KUDACKI/THE ASSOCIATED PRESS

Iberia is forecast to start cooling down on Tuesday when the heat wave is due to move into northern Europe, including the United Kingdom.

Portuguese authorities also warned of a high risk of forest fires in wooded areas of central and northern Portugal.

Official statistics show that after an uncommonly dry winter and spring, almost 54 per cent of the Portuguese mainland was enduring extreme or severe drought at the end of May. With little rainfall in June, that percentage is expected to rise.

THE ASSOCIATED PRESS



# Greeks swarm closed banks

## ECONOMY

**Today is the deadline for the country to repay \$1.8B US**

Anxious pensioners swarmed closed bank branches Monday, and long lines snaked outside ATMs as Greeks endured the first day of serious controls on their daily economic lives ahead of a July 5 referendum that could determine whether the country has to ditch the euro currency and return to the drachma.

As strict capital controls took root following Prime Minister Alexis Tsipras' surprise weekend decision to call a referendum on international creditors' latest economic proposals, Greece's population tried to fathom the sheer scale of the impact on their day-to-day existence.

Following a breakdown in talks between Greece and its creditors, the country is in the midst of the one of the most acute financial crises seen anywhere in the world in years. It's running out of time to get the money it needs to stave off



**A supporter of the No vote in Greece's upcoming referendum on the international creditors' latest economic proposals holds an old 1,000 drachma bank note during a rally Monday in the northern Greek port city of Thessaloniki.** GIANNIS PAPANIKOS/THE ASSOCIATED PRESS

bankruptcy.

That has stoked fears of a crippling bank run, a messy Greek debt default and an exit from the euro. As a result, the country's government imposed strict capital controls, none more onerous than a daily allowance of 60 euros (\$67 US) from the ATM.

The sense of unease was palpable among the crowds of pen-

**“I don't have a card. I don't know what's going on. We don't even have enough money to buy bread.”**

Retiree Anastasios Gevelidis

sioners who lined up outside bank branches, hoping they might open. Many elderly Greeks don't have ATM cards and make cash withdrawals in person — and so found themselves completely cut off from their money.

“I came here at 4 a.m. because I have to get my pension,” said Anastasios Gevelidis, 74, one of about 100 retirees waiting

outside the main branch of the National Bank of Greece in the country's second-largest city of Thessaloniki.

“I don't have a card. I don't know what's going on. We don't even have enough money to buy bread,” he said.

The capital controls come ahead of a big \$1.8-billion US payment Greece has to make to the International Monetary Fund (IMF). It's unlikely to be able to pay that without financial assistance.

Greece's bailout program with its European creditors officially expires Tuesday, meaning the country will not have access to any of the money still available if it doesn't secure a deal.

For months, the left-wing-led Greek government, elected in January on a promise to bring an end to the hated austerity that it blames for an acute economic recession, has failed to agree on a package of spending cuts and reforms demanded by creditors in exchange for access to the remaining \$8.1 billion US in rescue loans.

Credit and cash card payments have not been restricted; however, many retailers did not accept card transactions Monday. THE ASSOCIATED PRESS

## IN BRIEF

### CRTC fines Porter Airlines

Porter Airlines has been fined \$150,000 for violating the CRTC's anti-spam legislation.

The CRTC says the Toronto-based airline has agreed to pay the fine for sending emails without an unsubscribe button or one that was clearly labelled.

The federal regulator says Porter was also unable to provide proof of consent from each email address that received its commercial emails.

The CRTC says the violations took place between July 2014 and April 2015.

THE CANADIAN PRESS

## market minute

	<b>DOLLAR</b> 80.70¢ (-0.50¢)
	<b>TSX</b> 14,490.15 (-317.94)
	<b>OIL</b> \$58.46 US (-\$1.17)
	<b>GOLD</b> \$1,178.90 US (+\$5.70)

**NATURAL GAS:** \$2.805 US (+3.2¢)  
**DOW JONES:** 17,596.35 (-350.33)

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## the big number

48%

**IS THE PORTION OF CANADIANS correctly answered that 1965 was the year the country adopted its current flag. Ancestry.ca gave 1,000 Canadians a multiple-choice quiz with questions like "Who was Canada's first Prime Minister?" (75 per cent guessed Sir John A. Macdonald), and "What was the official flag prior to the Red Maple Leaf?" (64 per cent knew it was, de facto, the Union Jack). Though all but three per cent could identify a picture of Terry Fox, a third couldn't name the year of Confederation (1867), and only about half knew the four original provinces (Nova Scotia, New Brunswick, Ontario and Quebec), lending credence to the oft-repeated complaint that Canadians are ignorant of their own history and symbols.** SOURCE: ANCESTRY.CA

# The more we bike, the more normal it seems

## YOUR RIDE

Erica Butler



I ride a bike because it's fast, cheap, and convenient. But there are downsides to everything, and one of the downsides to riding a bike in Halifax is the nasty reputation.

Every time I get yelled at on the street or read a comment online about the plague of scofflaw cyclists, I wonder where this reputation comes from.

U.S.-based design writer Carl Alviani has one possible explanation: we're just not used to bikes yet.

Or rather, we're far more used to cars.

When a driver of a car doesn't signal, rolls through a stop sign, or even sends a quick text while driving, we may not like it, but we're

not surprised.

We don't write a letter to the editor, and we certainly don't shake our fist at the next driver we see.

Perhaps we can even relate a little, because most of us have committed at least one of these infractions ourselves, even when we know the dangers.

"A lifetime of exposure has convinced us to normalize, dismiss or ignore most traffic violations to the point where we routinely exceed the speed limit despite the knowledge that speeding causes more than 30 per cent of all traffic fatalities," writes Alviani in a recent post on his website.

Violations by people on bikes, on the other hand — like rolling through a stop sign or changing lanes without signalling — often seem brazen and reckless by comparison, in part be-

cause the majority of us can't relate to riding a bike in traffic.

"We prefer the devil we know, even when it's infinitely more bloodthirsty than the one we don't," says Alviani.

Many of us grew up thinking that bikes were for fun, not everyday vehicles to get around on. But as the number of bikes on the road grows, the streetscape is slowly changing to meet the demand.

Last year saw a new bike lane on Windsor Street, and this summer, years after original approval, the Hollis Street southbound bike lane looks like it will actually get built. Courtesy of Dalhousie, University Avenue will be home to the province's first protected bike lanes.

As the way we share the street changes, more and more of us will make use of

**Many of us grew up thinking that bikes were for fun, not everyday vehicles to get around on. But as the number of bikes on the road grows, the streetscape is slowly changing to meet the demand.**

bikes to get around.

Eventually, perhaps, our attitudes will change to match our habits, and bikes on the street will become as normal as cars.

Erica Butler lives in Halifax and uses transit, a car and a bicycle to get around the city. You can follow her on Twitter at @HabitatRadio.

## ROSEMARY WESTWOOD

metroview

## An American's introduction to a Canadian classic

"I want to see a moose."

That became the running joke from the moment C.

— my American boyfriend — arrived for a visit last month. It was his answer to anyone who asked what he wanted to do in Canada, punctuated with a mischievous glance at me.

It was funny, sure, but I also took it as a bit of a slight. I wondered if, at some level, he really did think seeing a moose (or jumping onto one, as one drunken idiot recently did) was an important Canadian experience. The wilderness equivalent of poutine (also on his list). "Oh, ya. For sure, eh?" became a regular refrain in our apartment, and I worried about what he really thought of Canada.

So, I tried to educate a man who'd, in his defence, had little reason to think of us. You know, dental isn't covered by health care, I informed him. We talked about the residential school history. With an election brewing, politics popped up.

But, talking to an American about politics is like talking to a Canadian about winters. Naturally, we turned to American politics, and I had the odd meta experience of being a Canadian watching an American talk about Hillary Clinton (takeaway: Who the hell are we to judge her?).

Now that C.'s time in Can-

ada is winding down, I asked what he made of Canadians. He paused.

"Everybody's into being fit," he offered. "Big into manners — but kind of stiff. (They) like to drink. Big into doing the right thing, it seems."

"Like Americans, if they sobered up and leveled out. The cousin you'd call to come pick you up if you were wasted."

Doesn't sound so bad to me. Being known for wildlife, winters, and niceness only seems irritating out of context. Compare that to being known for a possible run on the banks (the Greeks), a civil war (the Syrians), a national arrogance (the French, right-ly or wrongly) or a repressive communist government (the Chinese).

Plus, it's not actually hard to see a moose. All it takes is a short drive to the Toronto Zoo, where, in what's called the Canadian Domain, there are lynx, grizzly bears — and in the furthest possible pen, two moose.

They were laying down as far away from C. and me as possible, and didn't even have antlers. Of the two of us, I was clearly the more disappointed.

I sighed. "So, do you understand Canadians better?"

"Oh, ya. That pretty much clears it up for me," he said in a deadpan tone. "Saw a moose."

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by Jason Logan





# Baking bread breaks barriers

## DOCUMENTARY

### Film shows how cultures bond over rising dough

**Megan Haynes**  
For Metro

Bread (or naan, or bannock) is one of those rare foods that's shared by most cultures, says Mariette Sluyter. That realization came as she was working with a non-profit organization in Calgary trying to reduce social isolation among seniors.

A truism of society has always been that cultural groups tend to stick together, and as seniors age, those groups dwindle, she says. To expose older folks to new people, she wanted a way to bring different cultures together.

"So we got a group of ladies together who were from diverse backgrounds ... and we asked them to bake some bread," she says.

Sluyter and the National Film Board have turned that process into a new interactive documentary launching on Canada Day. Titled *Bread*, the doc follows the lives of six women as they make their favourite recipe, with DIY instructions for those who want to try their hand at making some homemade dough. It's a bid to break down generational and cultural barriers, says Sluyter, the creator and writer of the film.

"It's this active thing you do with your hands, and it takes



An NFB film titled *Bread* follows six women whose spirits rise alongside their homemade dough. ALL PHOTOS: CONTRIBUTED



**Mariette Sluyter**

time (to wait for the yeast to rise and to bake it)," says Sluyter. "The waiting time was the magic time when ladies would share stories."

Sluyter recalls one situation where two participants learned they lived near each other growing up. "Carrie (Sheen) — who is Cree — explained how at the time it was illegal to farm on the reserve," Sluyter says. "Vera (Kalmakoff, who lived nearby) had always believed the racist stereotypes that it was sheer laziness that they didn't farm. There was a breaking down of barriers — a moment when you could see Vera shift (her opinion) and you could see Carrie recoup some of the dignity that had been lost due to systemic racism."

In 2011, Sluyter approached Teri Snelgrove, associate producer with the NFB, with an idea

to document that "magic time." Before long, microphones and cameras were out in full force.

Bread, Sluyter says, is a metaphor for humanity: The same ingredients go in (wheat, yeast and water), but something different tends to come out depending on where you were raised.

There are a number of other foods that many cultures share, says Sluyter. "But bread has a visceral response for us as human beings."

Bread elicits nostalgia, adds Snelgrove. "I remember that feeling of being a little kid — the smell, my nanny sawing off a huge slice and slathering it with margarine and black sap molasses," she says. "To this day, if I

smell bread, I'm connected with my past in a really strong way."

While the smell of bread may bring back memories of grandmothers or mothers kneading

**"To this day, if I smell bread, I'm connected with my past in a really strong way"**

Teri Snelgrove, associate producer with the NFB

bread, Sluyter hopes her new film will encourage a younger audience to make their own memories.

"I must have been 11 years old when I started (baking) bread with my mother," says Anne Kerekes, now 89, who was featured in the film. "It's always better than the bread you buy — crisper crust, tastier, and it doesn't cost as much as buying it."

The Calgarian — by way of Hungary — taught her granddaughter Natalie Muyres, 42, how to raise a loaf as well. "I don't have a memory that doesn't include being in the kitchen with my grandmother," Muyres says. "It's part of my heritage."

But not all kids today have that same experience. "We took the ladies (featured in *Bread*) into some elementary school and in some classrooms, heart-breakingly, at least 50 per cent of the kids had never had homemade bread," she says. "We've become so reliant on the industrialized food systems, we can't even make something that's so central to (so many) cultures."

But, Sluyter says there's hope. While many of the ladies bemoaned that their own children or grandchildren didn't always have an interest in baking, the online space has opened up a new world of possibilities. "There are kids and younger generations that want to hear (how to make bread)," she says. "So what these women have done is step into this version of being a digital elder. (The) elderly have knowledge to impart, and we risk losing out on our culture if we don't partake in that knowledge."

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# The queen of Magic Mike XXL

JADA PINKETT SMITH

## Actress injects some female dominance into male-stripper franchise



**Ned Ehrbar**  
Metro|Life

Stepping into the scene-stealing shoes of Matthew McConaughey is certainly a daunting task, but Jada Pinkett Smith was up to the challenge. In fact, she walks into Magic Mike XXL and walks right away with the movie. Or struts away with it, rather.

"Nobody can replace Matthew, let's just be real on that. I surely know I can't, with his fine self," Pinkett Smith says.

"But I actually didn't feel the pressure being a woman. If a man had actually played that role, that's a hard act to follow. But because I'm a woman, I knew right away that the audience's minds would have to shift, because there's just no

comparison."

For the followup to Channing Tatum's partially autobiographical stripper film, McConaughey's Dallas has abandoned the boys. In desperate need of a new emcee, they turn to Pinkett Smith's Rome, who runs a private adult entertainment club catering to an exclusively female clientele.

“

**What I brought to the table was the idea of stripping away degradation and really adding a celebratory factor in this act of exaltation.**

Jada Pinkett Smith

"The role was at first written for a guy," Pinkett Smith reveals.

"I was like, 'Channing, why me?' And his whole thing was like, 'Jada, I really feel like in this arena there's a sense of responsibility that we can inject in



Jada Pinkett Smith as Rome and Channing Tatum as Mike in Magic Mike XXL opening July 1.

this idea.' I just really connected to how I wanted women to feel about themselves watching this movie, and adding the energy

of exaltation, celebration and inspiration."

Pinkett Smith found a willing and gracious collaborator

in Tatum, who also served as a producer.

"With Channing, when he wanted to bring me on board,

I can almost assure you there were people in the studio and people around that were like, 'Really?' But Channing had a vision," she says.

"He has a really high regard for the feminine, and he really felt like through dance he understood that this brought women joy. In the first movie he really explored what isn't so great about the industry itself, so in this movie he had more licence to have more fun."

In discussing Magic Mike XXL, Pinkett Smith takes on a tone of almost religious reverence, which may seem surprising given the subject matter, but she's very serious.

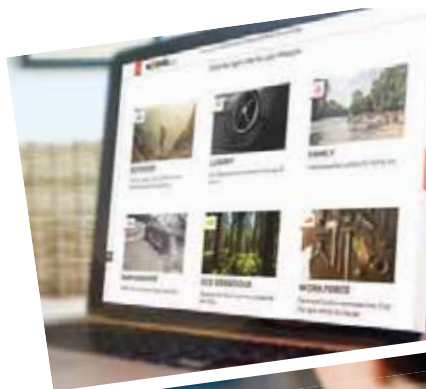
"Rome looks at it as a religion and feels like women can really, truly find themselves through that," she says.

"What I brought to the table was the idea of stripping away degradation and really adding a celebratory factor in this act of exaltation. It should never be demeaning and it should never be about dominance. And so that was really what was important to bring energetically, to kind of elevate the idea of adult entertainment."

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TERMINATOR GENISYS

## Jai Courtney welcomes our future robot overlords

With Terminator Genisys, Jai Courtney steps into a franchise universe full of humans hopping through time to avert the rise of Skynet, artificial intelligence that goes online and promptly tries to destroy humanity. But is A.I. really going to be such a bad thing?

**Most pop culture depictions of the singularity assume that it's going to be bad. What if things actually work out?**

Well, I'm sure there will be a grace period where it is great. I don't know, I don't get too existential ... But yeah, man, I welcome artificial intelligence. Hey dude, if I could talk to a guy in this room that was made completely artificially and he had a thinking brain, I'd want to have that conversation.

**If there were to be a robot apocalypse, how do you think you would fare?**

I reckon I'd be good for a bit, and then when times got really tough I'd probably be f—ed. I'm an actor first and foremost. That would've been very helpful. You ask the smart people around you that wrote the



Jai Courtney plays Kyle Reese and Byung-hun Lee plays T-1000 in Terminator Genisys, opening July 1.

MELINDA SUE GORDON

become men I think someone would get the better of me.

**Doing a movie with this much time travel and jumping around, how do you wrap your head around it? Did they give you a map?**

They didn't give us a map. That would've been very helpful. You ask the smart people around you that wrote the

“

**I don't know that we're going to have a robot apocalypse, but I do like the fact that the threat is closer now.**

Jai Courtney

thing and are driving it creatively what the hell's going on.

**Terminator movies of course involve time travelling while naked, and your character gets to do it in front of a room full of people. Were you worried about that part of the job?**

They're the least things you worry about when something like this comes along. I wasn't worried at all. You know it's going to be a bit of a challenge and that's fine, and there's going to be some sensitivity around it. But it wasn't the first time. I hope I don't have to keep this trend, but my very first job, I had my clothes off.

NED EHRBAR/METRO IN HOLLYWOOD



## URBAN ETIQUETTE ELLEN VANSTONE



Dear Ellen,  
I feel I need advice on everything. I'm only 23 years old but it seems like I'm running too slow towards my future and not being very successful. I had my future planned out but it all completely changed 6 months ago, I just want to have fun while living life but in my opinion everyone has the same goal. To have a nice paying job, a house, a car, a family. But what's really out there to do in life?  
Any advice?  
— D.D.

Dear D.D.,

# The question What is life beyond the pursuit of goals?

You're asking a question that has plagued mankind for millennia — I say MAN-kind because the discussion has mostly been dominated by male philosophers, possibly because the women were too busy doing the housework. But believe me, every human being with half a brain and a moment to spare has pondered the human condition — only to discover that, unlike other human conditions such as indigestion and dandruff, the human condition has no cure.

The trick is to manage the symptoms. Confusion about what to do with your life, uncontrollable events messing up your plans, feeling alone in the universe while everyone else seems to know exactly what they're doing — just raising the questions and talking about them, as you have done, is a good first step.

The second step is to share your misery. Humans are social animals, and while we can't solve life's big questions, we can at least help each other through the bewildering business of living. I'm a big proponent of psychotherapy, which is



basically just learning to listen to your true self, and become a more self-aware human being. But keep in mind that “psychotherapy” comes in many forms.

Some people find it via their religious communities (but not the fanatical fundamentalist kind, please).

Others learn and grow by talking and (just as important) listening to close friends, trusted relatives and solid workmates.

I know this sounds vague and frustrating, but actively seeking happiness is like trying to conjure up a half-remembered dream — the more you chase it, the faster it evaporates.

Direct your energies to what you can do: tidy up, do the dishes, keep putting one foot in front of the other, and trust that life is worth living, one day at a time.

If nothing else, you'll have a clean house.

**Need advice? Email Ellen at [scene@metronews.ca](mailto:scene@metronews.ca)**

## IN BRIEF

## Dogs being trained to hunt truffles

The growing appetite for truffles is feeding demand for dogs trained to sniff out the pungent fungus, prized by chefs and foodies.

As more landowners plant orchards in hopes of harvesting truffles, more dogs are being trained to detect the earthy delicacies, which take several years to ripen on tree roots underground.

“There is huge demand for truffle dogs right now,” said Alana McGee, co-founder of the Truffle Dog Company, which helps orchard owners search for truffles and trains dogs how to find them. Lolo is an Italian breed commonly used to hunt truffles, but McGee said any dog can be trained.

In Europe, truffle hunters traditionally used pigs, but in recent years the job has gone to the dogs.

THE ASSOCIATED PRESS



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## Leonard Domestic Medium Hair

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For more information on **Leonard** and other adoptable furry friends, visit [www.pas.spcans.ca](http://www.pas.spcans.ca) or contact the Nova Scotia SPCA Provincial Animal Shelter at 902-468-7877 or [info@pas.spcans.ca](mailto:info@pas.spcans.ca)

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# 'We want to be a top organization in the CHL'

QMJHL

**Herd GM pins draft success on hard work of players, staff**



**Kristen Lipscombe**  
Metro | Halifax

MacKinnon, Drouin, Ehlers — and now, Meier.

Four first-round NHL draft picks in three years, along with the 2013 Memorial Cup title, have helped the Halifax Mooseheads boost their brand and gain followers, which general manager Cam Russell attributes to a true team effort.

"A lot of people put a lot of hard work into trying to put a good product on the ice for our fans — something enjoyable to come and watch every night," Russell said ahead of Tuesday's CHL import draft.

"We've had some good players here and we've got a good coaching staff that's helped develop and bring them along."

Second-year Herd winger Timo Meier went ninth overall to the San Jose Sharks at the NHL draft on Friday night, following in the footsteps of linemate Nikolaj Ehlers and Memorial Cup-winning teammates Jonathan Drouin and Nathan MacKinnon.

Ehlers was selected ninth



Mooseheads head coach Dominique Ducharme leads a practice at the Scotiabank Centre last season. JEFF HARPER/METRO

overall by the Winnipeg Jets in 2014, while Drouin went third overall to the Tampa Bay Lightning and MacKinnon was the first overall pick for the Colorado Avalanche win 2013.

Russell said the fans tend to focus on the stats and numbers more than players and staff of the local QMJHL franchise.

"It's an incredible feat, and it's something that's really cool, but we're just taking it year by year," he said of the four recent first rounders.

"We want to be a top organ-

**You put in the work and it pays off.**

Mooseheads GM Cam Russell

ization in the CHL. That's what our goal is and that's what we work towards, and it's not just a one-year or two-year thing; it's something that we want to continue to work at every year."

Nevertheless, Russell said the organization is "thrilled

for Timo" cracking the top 10 at this year's draft. He was in attendance at the BB&T Center in Sunrise, Fla., along with coaching staff, Meier's family that flew in from Switzerland, and his billet family from Halifax.

"It was exciting," Russell said. "You're proud for yourself and for your organization, and everybody that's put so much hard work into it," including the six-foot-one, 209-pound winger himself.

"You look at the transition from last year to this year, and

how hard he worked in the off-season and how he worked.

"When I think of him, I think of a guy that never really had a bad game all season long, and a lot of that is due to his commitment to the team and the game."

It's that work ethic among "world-class players" and staff members that has helped the Mooseheads develop into the team fans have seen face off over the past few seasons.

"We really like the team that we're building and that we're putting on the ice," Russell said.

## MOOSEHEADS

### CHL import draft begins Tuesday at noon

The Halifax Mooseheads sure know how to pick 'em from overseas.

The Herd selected explosive Danish forward Nikolaj Ehlers sixth overall and physical Swiss winger Timo Meier 12th overall at the CHL import draft two years ago.

Both were selected ninth overall in the NHL Entry Draft, Ehlers by the Winnipeg Jets last year and Meier by the San Jose Sharks this year.

Halifax has a chance to add to its import roster Tuesday, and likely will assuming Ehlers is brought up for the 2015-16 season.

The 2015 CHL Import Draft starts at noon Atlantic Time online. Each CHL club is only allowed to dress two import players per season. METRO

### Fitzgerald, Murphy invited to NHL rookie camps

Forward Timo Meier isn't the only Halifax Mooseheads player to grab the attention

of the San Jose Sharks organization.

Herd blue-liner Cavan Fitzgerald, 18, reportedly has been invited to attend the NHL franchise's summer development camp.

"San Jose has yet to release the dates for summer development camp, but word is that Mooseheads defenceman Cavan Fitzgerald will join Meier with the Sharks rookies after receiving a free agent invitation," halifaxmooseheads.ca stated Monday.

According to Twitter talk Monday, former Moose defenceman Matt Murphy, 20, also reportedly received an invitation, to the Pittsburgh Penguins rookie camp. METRO



**Cavan Fitzgerald**  
CONTRIBUTED



**Matt Murphy**  
CONTRIBUTED

## HOCKEY

# Pronger elected to HHOF's class of 2015

Nicklas Lidstrom, Chris Pronger, Sergei Fedorov, Phil Housley, Angela Ruggiero, Bill Hay and Peter Karmanos Jr. were named as the Hockey Hall of Fame's class of 2015.

Pronger was elected in unprecedented fashion because he's still under contract in the NHL.

Pronger, who was traded from the Philadelphia Flyers to Arizona Coyotes on Saturday, has not played since November 2011 because of post-concussion syndrome and is working for the



**Chris Pronger** GETTY IMAGES FILE

league. The defenceman was made eligible by a bylaw that specifies a player's final game must be three full seasons ago.

THE CANADIAN PRESS

## IN BRIEF

### Kings cut Richards

The Los Angeles Kings have terminated the contract of Mike Richards.

They said in a statement it was because of "a material breach of the requirements of his standard player's contract."

Under the terms of the collective bargaining agreement, a team can terminate a player's contract if he fails, refuses or neglects to "obey the club's rules governing training and conduct."

THE CANADIAN PRESS

## WIMBLEDON

# Serena shrugs off slow start in London

Serena Williams knew she had to do something — fast.

Down 3-1 to a qualifier on the first day of Wimbledon, the top-ranked player was not about to drop the opening set as she did four times during her run to the French Open title. "She came out so fast, I was like, 'Oh my God, if I don't start I'm going to be down a set.' And I was tired of being down a set," Williams said.

So the five-time champion got to work, winning 11 of 13 games to beat 113th-ranked Margarita



**Serena Williams** GETTY IMAGES

Gasparyan 6-4, 6-1 on Monday to extend her Grand Slam winning streak to 22 matches as she pursues a fourth straight major title. THE ASSOCIATED PRESS



## RECIPE Milk Chocolate Fudge Cake

### EAT LIGHT AT HOME

**Rose Reisman**  
rosereisman.com

Twitter: @rosereisman



This delicious yet light cake is a perfect pick for your Canada Day celebrations!

### Ready in

Prep time: 15 minutes  
Cook time: 25 minutes  
Serves: 12

### Ingredients

- 1/3 cup milk or semi-sweet chocolate chips
- 1/4 cup hot water
- 1/2 cup packed brown sugar
- 1/2 cup granulated sugar
- 1/3 cup vegetable oil
- 2 eggs
- 2 tsp vanilla extract
- 1/2 cup cocoa powder
- 3/4 cup low-fat sour cream
- 1/4 cup light mayonnaise
- 1 cup all-purpose flour
- 1 1/2 tsp baking powder
- 1/2 tsp baking soda
- ICING:
- 1/2 cup smooth ricotta cheese
- 1/2 cup light cream cheese
- 3/4 cup icing sugar
- 3 Tbsp cocoa powder
- 1 1/2 Tbsp water
- GARNISH:
- Whole strawberries
- Icing sugar
- Melted white chocolate (optional)

### Directions

1. Preheat the oven to 350°F. Lightly coat a Bundt pan with cooking spray.
2. Combine the chocolate chips



and hot water in a small bowl. Microwave on High for 30 seconds. Mix until smooth.

3. In a large mixing bowl, combine both sugars, oil, eggs and vanilla with a whisk until smooth. Add the cocoa powder, sour cream, mayonnaise and melted chocolate. Mix until combined. Mix in flour, baking powder and baking soda.

4. To make the icing, purée all the icing ingredients in a food processor until smooth. Ice the top of the cake. Garnish with berries and icing sugar and melted white chocolate, if using.

### Nutrition per serving

- Calories 289
- Carbohydrates 36 g
- Fat 12 g
- Cholesterol 33 mg

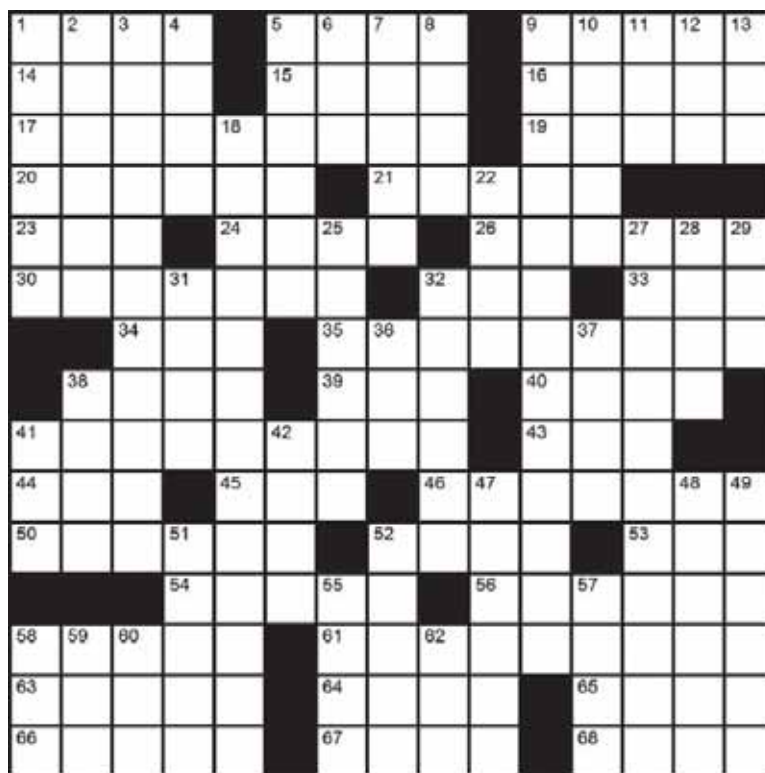
PHOTO: ROSE REISMAN

## CROSSWORD Canada Across and Down

BY KELLY ANN BUCHANAN

### ACROSS

1. Cheers!
5. Brendan \_ (New Westminster, B.C. born actor)
9. Musical finales
14. By any chance
15. Light bulb meaning
16. Come up
17. Posh area of Montreal
19. SNL part
20. Fix
21. Author Charles' bookish surname
23. Chemical suffix
24. Nero's 53
26. Folk duo, Ian & \_
30. Share
32. Mobile buy
33. In use buttons
34. Cereal grass
35. Multi-talented
38. Odd, to a Scot
39. Auction ware
40. Like mesh-like material
41. Ontario village south of North Bay
43. Brother of Shemp
44. "That's \_ - Quit - I'm Movin' On" by Sam Cooke
45. "...haw!"
46. Causes
50. Melon variety
52. Peer \_ Henrik Ibsen play
53. Services cost
54. Certain coffee
56. Overwhelm with loud noise
58. "Sunset Blvd." (1950) actress



- Nancy
61. Tenders ...tinier
63. Hammer
64. One of Columbus' ships
65. Coastal flier, variantly
66. Tree bits
67. Singe

68. Net balls in tennis

### DOWN

1. Do a better job at prepping the gif
2. Brand for which Jennifer Aniston does TV commercials
3. Flightless marine

- bird of prehistoric Canadian waters
4. Mlle. cousin
5. Maurice \_ ("Cityline" hair-styles expert)
6. College's web address ending, e.g.
7. Quebec tenor Mr. Prieur (b.1893

- d.1970)
8. Grade
9. Halifax stand-up comedian who hosts her own show on APTN: 2 wds.
10. Bay window
11. Think something is groovy
12. Wynonna's ac-

- tress sis
13. Established
18. Halifax: June 30th - July 7th, 2015... Royal Nova Scotia International Tattoo participants: 2 wds.
22. Ancient Egypt symbols
25. Occupy
27. National Gallery of Canada painting distinguished by its three bold stripes: 3 wds.
28. Internal
29. Character in #52-Across
31. Late: French
32. 'Highway' in a human
36. Unit of energy
37. New Mexico art colony
38. Work \_ plan (Brainstorm)
41. As written
42. "If \_ now, I'll be too full for supper."
47. Belovedly win over
48. "You \_ bother."
49. Has a gut instinct
51. Tag \_
52. "Aladdin" (1992) character
55. Large casks for wine
57. Canadian tech expert, Kris \_
58. Check a box
59. Volume setting
60. Fashion designer Anna
62. Type of test on "Maury"

## ★ IT'S ALL IN THE STARS by Sally Brompton

**Aries** March 21 - April 20  
There is something you started but failed to finish. You may think you can just forget about it but it won't be that easy — everything in life must ultimately be paid for.

**Taurus** April 21 - May 21  
Although you are generally quite placid there are times when you vent to your feelings. Those negative emotions that have been building up must be dealt with.

**Gemini** May 22 - June 21  
You will be quite vocal in your condemnation of someone's actions, but before you go accusing them of immoral behaviour remember there are a few skeletons in your own closet you might like to keep hidden!

**Cancer** June 22 - July 23  
With Mars in your sign you have the courage to deal with whatever crisis might arise. Don't fear a rival because they have a reputation. You can be a pretty tough nut yourself.

**Leo** July 24 - Aug. 23  
The change that is about to take place in your life may result in a lot of uncertainty but the planets indicate that when the dust has settled you will realize that, in the long-term, this is a change which will do you nothing but good.

**Virgo** Aug. 24 - Sept. 23  
It is important that you approach people in the right way today. If you come on too strong you may turn colleagues against you.

**Libra** Sept. 24 - Oct. 23  
You may feel that you can take on the world and win and to a degree that's true but there are some people it would be wise to avoid. Someone in a position of authority is looking for an excuse to cut you down.

**Scorpio** Oct. 24 - Nov. 22  
You would be wise to take care when traveling or engaging in potentially dangerous activities over the next few days. Discussing politics and religion is best avoided too!

**Sagittarius** Nov. 23 - Dec. 21  
If you have to say something unpleasant today don't try to sugar coat it. Speak up and let everyone know why you are unhappy — and what they can do to make it better.

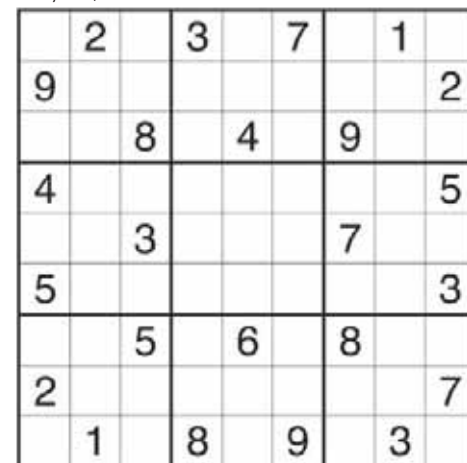
**Capricorn** Dec. 22 - Jan. 20  
You won't stand for any kind of nonsense today, either in your personal life or at work. You certainly won't let others, be they friends or rivals, piggyback on your success.

**Aquarius** Jan. 21 - Feb. 19  
Someone will rub you the wrong way and you could lose your temper in a big way. Be careful you don't take your anger out on someone who may one day be in a position of power.

**Pisces** Feb. 20 - March 20  
Some problems can be resolved by hammering them into submission, but the problem you face now requires a more subtle approach. Use brains, not brawn.

## CONCEPTIS SUDOKU by Dave Green

Every row, column and box contains 1-9



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**\$130\*** BW



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**\$96\*** BW



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~~\$18,774~~ **NOW \$13,990\***

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**4  
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**\$89\*** BW



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